# Who Needs to Cleanse & Alkalize?



YOU DO...

IF YOU ANSWER YES TO 3 OR MORE QUESTIONS:



- 1. Do you experience fatigue or low energy levels?
- 2. Do you experience brain fog, lack of concentration and/or poor memory?
- 3. Do you eat fast, fatty, pre-packaged or fried food?
- 4. Do you drink coffee, soda or energy drinks because you feel sluggish?
- 5. Do you smoke cigarettes?
- 6. Do you crave or eat sugar, candy or dessert?
- 7. Do you have less than 2 bowel movements per day?
- 8. Do you feel sleepy, bloated and/or gassy after meals?
- 9. Do you experience indigestion after eating?
- 10. Are you overweight, or do you rarely exercise?
- 11. Do you have aches, pains or stiffness?
- 12. Do you take any sedatives, stimulants or synthetic medications?
- 13. Do you experience headaches more than once a week?
- 14. Are you exposed to polluted air, chlorinated water or other daily pollutants?
- 15. Do you have bad breath or excessive body odor?
- 16. Do you experience mood swings?
- 17. Do you have food allergies or bad skin?
- 18. Are you showing signs of premature aging?

## The Problem & The Solution





Ionically charged Essanté Organics Earth Greens Powder (or Capsules) will micro-cluster to your cells for superior bio-availability & cleansing results.

Mix into water or Essanté Organics 7.365 pH Shake to instantly alkalize/pH balance, cleanse & energize your body.

Each .70 cent serving contains the nutritional equivalent of 5.5 pounds of raw, whole, alkaline vegetation.

Every one of the health concerns, in the questions (above) accumulate in the body & each is a red flag indicating toxic build up is occurring. Toxic build up leads to disease. We live in a time when the so-called solution to every condition comes in the form of a synthetic pill, with little or no consideration for the body being treated. These seemingly quick fixes often come with a steep price in the form of staggering side effects. In addition, with

advances in research, it is now proven that an acidic body stores fat, toxins and can create a breeding ground for disease. Therefore, if you answered yes to at least 3 of the questions, an internal cleanse will benefit you greatly. Look inside the product tab of your Essanté Executive's website and discover life enhancing, pH products. pH balanced products offer solutions that can reverse health issues dramatically. Essanté Organics certified Toxic Freetm &

pH balanced products include:

- 1. Earth Greens Powder
- 2. Earth Greens Capsules
- 3. Super Reds Powder
- 4. Supreme pH Drops
- 5. Omega 3,6,9 Vital Oils
- 6. Meal Replacement: 7.365pH Shake. Chocoholic Kiss.& Vanilla Ice Cream Rave.



# 6 Causes & Solutions To Toxic Build Up Is Your Body In Harmony?

#### 1. CONSTIPATION

Constipation is a condition defined as difficulty emptying the bowels. It is usually associated with an infrequency in bowel movements. Common causes are: lack of fiber in the diet, lack of physical activity, lack of fruits & vegetables in the diet, medications, milk and processed foods. Essanté Organics makes it easy to address this condition, allowing your body to operate in harmony. Enjoy **EARTH GREENS POWDER OR CAPSULES** and

**7.365 pH SHAKE**.

dense products

delicious

Both nutrient

are high in

fiber,

promote elimination.
Plus, you'll enjoy other benefits including increased energy & immunity and decreased weight & toxins.

#### 2. POOR DIET

Poor diet includes poor beverage choices & foods which are acidic, dead, cooked, clogging, devitalized, low in fiber, high in sugar, fried, over-processed, or junk-food containing preservatives or chemicals. Modern society has drifted further and further away from the proper

eating habits of
our ancestors.
Our ancestors
walked the land and
consumed 6 pounds
of vegetation a day.
Healthy vegetation
includes raw, live,
whole, organic, pH
balanced, alkaline fruits
& vegetables.

Unprocessed whole grains, naturally high in fiber, nutrients & enzymes are also an important part of a healthy diet.

Consuming the proper amount of pH balanced, alkaline foods



Essanté Organics Supreme pH Drops. 12 odorless, tasteless drops alkalize & pH balance every beverage & in turn, your body.

beverages on a daily basis harmonizes & monumentally assists your body in becoming healthy. Essanté Organics makes it easy to consume the nutritional equivalent of 5.5 pounds of raw, live, whole, alkaline, fruits with SUPER REDS **POWDER**. And it's easy to consume the nutritional equivalent of 5.5 pounds of raw, live, whole, alkaline, organic

vegetables with
EARTH GREENS
POWDER OR
CAPSULES. Where
else can you enjoy 5.5
pounds of vegetables
for 70 cents per
serving, in the time it

take to drink a glass of water? Also consider adding 7.365 pH **SHAKE** to your daily diet because it is the healthiest meal of the day and it only costs \$2.80 a meal. This delicious, melt in your mouth shake contains organic & wild crafted vegan protein, vitamins, minerals, enzymes, antioxidants, fiber, metabolic boosters, and more nutrient dense whole food nutrition than any other shake on the market. It's about 100 calories and **7.365 pH SHAKE** contains NO salt, sugar, wheat, whev, dairy, soy, GMOs, preservatives or artificial ingredients.



Essanté Organics 7.365 pH SHAKE is only \$2.80 a meal! Super Reds Powder is \$1.56 per serving. Order today & put your body back in harmony. Plus you'll experience elevated energy, immunity & antioxidant levels.

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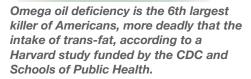
Are You Getting Fat The Healthy Way With

Omegas?

"Alkalize And Be Energized For Life".
Essanté Organics, through years of preparation,
consulting the most prestigious alkalizing colleagues
in the world, formulates and delivers the strongest
alkalizing product line known to modern science.
Essanté Organics delivers education and
pH balanced nutritional products that assist
our most precious resource... health.

pH balanced nutritional products that assist our most precious resource... health.





A Dietary Supplement With Organic Ingredients

Essanté Organics Omega 3,6,9 Vital Oils Promote: Energy, Cardiovascular Health, Immunity, Kidney & Brain Function, Memory, Balanced Moods & Emotions, Strength & Stamina, Normal Growth Development, Healthy Skin & Hair, Bone Health, Metabolism, Healthy Reproductive System, Healthy Cholesterol Levels, Hormone Balance, Healthy Blood Sugar Levels, Weight Management, Alkalinity & Elimination.



#### 3. OVER EATING

Overeating places a tremendous amount of stress on our digestive system. Most people eat too much food, too fast. In other words, they consume too many calories. Eating too quickly creates havoc because foods are not properly broken down, and when this occurs food can lodge in the lower intestines, in turn, vital nutrients are NOT absorbed. Essanté Organics makes elimination & absorbing nutrients easy with OMEGA 3,6,9 VITAL OILS.

Plus it's easy to cut calories by replacing one or two meals a day with **7.365 pH SHAKE**, the healthiest meal of the day. This delicious, melt in your mouth, meal replacement shake contains vegan protein, vitamins, minerals, enzymes, antioxidants, fiber, metabolic boosters, and more nutrient dense whole food nutrition than any other shake on the market. It's about 100 calories and **7.365 pH SHAKE** contains NO salt, sugar, wheat, whey, dairy or soy.

#### 4. STRESS

Stress affects every cell & tissue in the human body. Stress breaks down the immune system as well as all major organs. Stress is TOXIC to our bodies. Essanté Organics makes it easy to de-stress with OMEGA 3,6,9 VITAL OILS along with LAVENDER OIL & EUCALYPTUS ESSENTIAL OIL, each is proven to regulate stress and balance emotions.

## Would You Wash Your Body With Coffee?



Many people consume coffee or tea and believe they are consuming water since it's required for brewing, yet this is folly. Would you wash your body or your car with coffee?

It's important to cleanse and wash the outside and inside of your body with pure, pH balanced water.



Water makes up 70% of the human body. It is second only to oxygen in order of importance to sustain life. Water not only cleanses the outside of our body, it also cleanses the inside of our body. It's important to cleanse and wash the outside and inside of your body with pure, pH balanced water. Coffee, tea, soda, alcohol, etc. are all highly acidic beverages. The Consumer Health Organization states being alkaline or pH balanced, (as opposed to acidic), is vital to a healthy life. Think about a fish. What happens if his water is not pH balanced? He will die. What happens to plants if the



soil is not pH balanced? They die. The same is true for ALL organic matter, including your human body. 7.365 is perfect pH for humans. Measure your pH level today with Essanté pH TEST STRIPS. If you're acidic, add 12 odorless, tasteless drops of SUPREME pH DROPS into water & all beverages to instantly pH balance (alkalize) every liquid and, in turn, your body.

#### 6. EATING LATE AT NIGHT

The human body uses sleep to repair, rebuild & restore every organ, system, muscle, tissue and cell in your body. In essence, our bodies use the sleeping hours to cleanse,

detoxify, build strength and increase immunity. Sleep tight with Essanté Organics SWEET DREAMS ESSENTIAL OIL.

Visit your Essanté Executive's PRODUCT tab to discover a wealth of 100% Toxic Free™ products that deliver superior results, allowing you & your family to live chemical free. And always remember: YOUR HEALTH IS IMPORTANT BECAUSE WITHOUT IT YOU CANNOT DO THE IMPORTANT THINGS.

Print and share this document with others and help them find the answer to health. According to the Consumer Health Organization: Being alkaline is vital to a healthy life.

The FDA has not evaluated these statements. Products not intended to diagnose, treat, cure or prevent disease.